

From the Plot to the Plate

Promoting healthy eating and considering how food for school meals can be ethically sourced is just the beginning.

Enable your pupils to make the connection between what they eat and where it comes from by getting them to plant, grow and eat their own produce from the school plot.

As well as helping them to make the link between soil and the plate, your pupils will gain satisfaction from watching their own crops grow and will be more ready to taste different kinds of fruit and vegetables.

A worthwhile project for the whole school, individual classes or a gardening club, this is also an ideal opportunity to involve the wider school community.



It is not necessary to turn over huge areas of your school field to allotment beds to pursue the aims of growing plants to eat - great results can be achieved on a small scale using a range of containers and hanging baskets.

Sue can support you in preparing and planning for a successful horticultural experience and will work with staff and pupils to take the project all the way from seed to harvest.

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